



Boys Team Holiday Workouts

2018



Although the gym is closed the week of Christmas and New Years

We are planning the following workouts for the boy's teams:

Boys Team Holiday Schedule 2018					
	Level 4	Level 5	Level 6	Level 7,8,JD	Level 9-10
Mon Dec 24th				9:00am-12:30pm	9:00am-12:30pm
Tues Dec 25th	Closed	Closed	Closed	Closed	Closed
Wed Dec 26th		11:30am-1:30pm	9:00am-11:30pm	9:00am-12:30pm	9:00am-12:30pm
Thurs Dec 27th				4:00pm-7:00pm	4:00pm-7:00pm
Fri Dec 28th					3:30pm-6:30pm
Sat Dec 29th			9:00am-11:30pm	9:00am-12:30pm	9:00am-12:30pm
Sun Dec 30th					
Mon Dec 31th				9:00am-12:30pm	9:00am-12:30pm
Tue Jan 1st	Closed	Closed	Closed	Closed	Closed
Wed Jan 2nd	Normal Practice	Normal Practice	Normal Practice	Normal Practice	Normal Practice

Note: if the front door is locked, enter the back door

December 2018							JANUARY 2019						
Sun	Mon	Tue	Wed	Thu	Fri	Sat	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1			1	2	3	4	5
2	3	4	5	6	7	8	6	7	8	9	10	11	12
9	10	11	12	13	14	15	13	14	15	16	17	18	19
16	17	18	19	20	21	22	20	21	22	23	24	25	26
23	24	25	26	27	28	29	27	28	29	30	31		
30	31												

January Holidays
New Year's Day - 1
Martin Luther King, Jr. - 21