



2020 KC Coed Classic

KCI Expo Center
11730 N. Ambassador Dr.
Kansas City, MO 64153

Women's Final Schedule

Friday, January 24th, 2020 (Gate Opens at 10:15am)

Women's Modified Capital Cup Format

Session W1 – All USAG Level 5 Teams and USAG Xcel Gold Small Teams:
360 Gymnastics, KC Elite, Emerald City, Lawrence Gymnastics, McCracken's,
Metro Stars-Elkhorn, Top Flight

- 10:30am Open Stretch
- 10:50am Present at Event

Session W2 – USAG Xcel Gold Large Teams:

Arising Stars, Branson Ultimate, Diamond Gymnastics, Metro Stars,
Omaha Gymnastics Academy, Springfield Gymnastics, Wichita Gymnastics

- 1:45pm Open Stretch
- 2:05pm Present at Event

Session W3 – All USAG Xcel Platinum and USAG All Xcel Diamond Teams:

- 5:00pm Open Stretch
- 5:20pm Present at Event

Women's Final Schedule

Saturday, January 25th, 2020 (Gate Opens at 7:45am)

Women's Modified Capital Cup Format

Session W4 – All USAG Level 4 Teams:

- 8:00am Open Stretch
- 8:20am Present at Event

Session W5 – All USAG Level 6, 10 and Elite Teams:

- 11:15am Open Stretch
- 11:35am Present at Event

Session W6 – All USAG Level 8 and 9 Teams:

- 3:00pm Open Stretch
- 3:20pm Present at Event

Session W7 – All USAG Level 7 Teams:

- 6:15pm Open Stretch
- 6:35pm Present at Event



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Women's Final Schedule

Sunday, January 26th, 2020 (Gate Opens at 7:45am)

Women's Modified Capital Cup Format

Session W8 – All USAG Xcel Bronze Teams:

- 8:00am Open Stretch
- 8:20am Present at Event

Session W9 – All USAG Level 3 and USAG Xcel Silver Small Teams:

Aspire, KC Elite, Lawrence Gymnastics, Metro Stars-Elkhorn

- 10:00am Open Stretch
- 10:20am Present at Event

Session W10 –USAG Xcel Silver Large Teams:

Arising Stars, Branson Ultimate, Diamond Gymnastics, Metro Stars, Omaha Gymnastics, Top Flight

- 1:00pm Open Stretch
- 1:20pm Present at Event

Session W11 – AAU Teams:

- 3:45pm Open Stretch
- 4:05pm Present at Event